

# **How To Be Successful In Relationships When 60% Of First Marriages Fail**

by  
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Before you find the one... you have to be the one

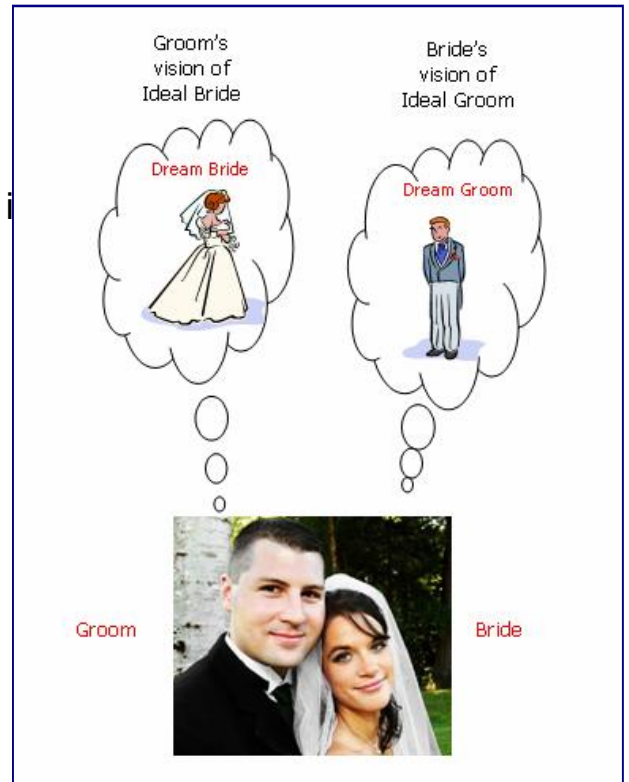


**Be the One**

## Our Ideal Vision.....

Like many couples, John and Jennifer have an ideal vision of the person they wish to marry. Most of us have created this ideal vision of ourselves and our ideal mate.

This is why 60% of our first marriages end in divorce because **60%** of the time one of us decides to stick with our ideal dream mate and divorce the actual person and **40%** of the time we decide to divorce our dream mate and stay married to the actual person.



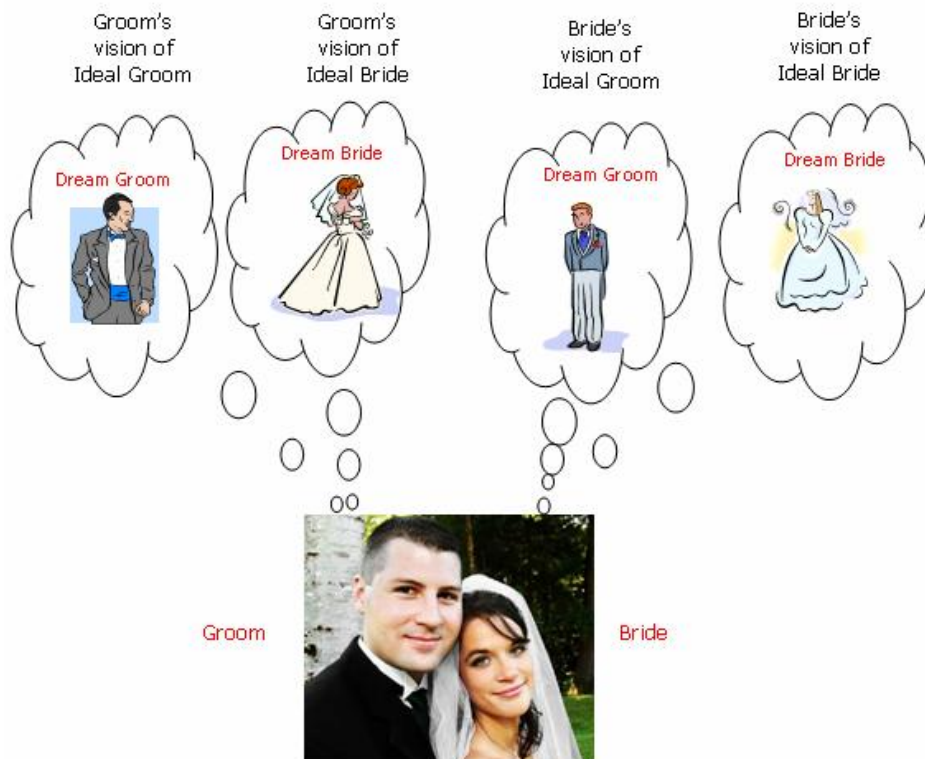
## **BUT EITHER WAY BOTH PEOPLE ARE GETTING A DIVORCE**

When it comes to marriage (or even dating) 100% of the time, there is a divorce for each person. They either divorce their dream mate or the actual person they married, either way each person experiences a divorce.

## We all do this.....

We all have an ideal vision of who we really are. John has a vision of his ideal bride not because he's looking for a woman to be with, but rather because he is looking for a woman that will be a perfect mate for his ideal groom. Jennifer has been doing the same thing in her own mind.

In other words both John and Jennifer do not want the perfect mate for themselves, but are hoping that through marriage they will become the ideal person who they have always wanted to be. And so, hoping that through finding "the one" they will be forced to "**be the one**".



## Think Back...

Like John and Jennifer how many times have you gotten into a relationship with an ideal picture in your head only to find out the person is not what you expected? And then you realize they have a different picture of you than who you are. Have you felt yourself saying I want someone to accept me for who I am? This is the struggle we all face when we are not “*being the one*”.

## Why we do this...

How many times do you get into a relationship and in your gut you feel something is not right? Why do we always tell ourselves that with more time it will work out? We question and ask ourselves “is it me”? We evaluate our actions in the relationship vs. looking at ourselves.

## Don't be part of these statistics!

**Fact:** 60% of first marriages end in divorce

**Fact:** 57% of second marriages end in divorce

Learn to be the one you are meant to be...

## Steps to Becoming the One...

### 1. Visualize: Close your eyes and visualize your ideal self

Who do you see?

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What do you look like?

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What are you doing in life?

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What does your ideal self like to do for FUN?

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What does your ideal self want out of life?

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## 2. Begin being this person

From the items listed above select one area you want to begin working on to move closer to being your ideal self.

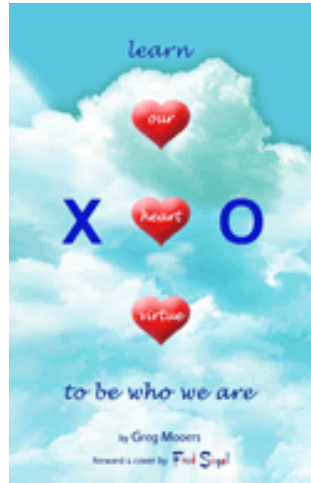
1. Decide to do this activity on a daily/weekly basis
2. Journal your experiences so that you can reference them on a continual basis

When you start putting these steps into action you will begin to feel a sense of yourself. You will begin to **be** your ideal self.

The feeling is wonderful, so remember the moments that you feel strong and empowered. The times you feel happy and safe.

Remember... that as you move towards your ideal self there will be times that you revert back to your old ways of thinking or feeling or being. If you are really serious about “being the one” I invite you to look at the following for support...

## To Begin Your Journey



## **Learn Your Heart Virtue To Be Who You Are!**

We know that our behaviors come from our beliefs. We know that our beliefs come from our values. But where do our values come from? You have a Heart Virtue that is actually creating your values, beliefs and behaviors. It is built into the molecules of your body; like spiritual DNA it determines what is most meaningful to you; it shows you the *keys* to your most fulfilling relationships.

**[Click here to order now](#) or go to [www.lifecamp.com](http://www.lifecamp.com)**

**Find Your Heart Virtue And  
Begin Having Fulfilling Relationships**

## “Be The One” Teleclass

In this 6-week teleclass you will learn a step-by-step process to have more fulfilling and lasting relationships.

Discover how to...

- Communicate powerfully to your partner
- Uncover the secret yearning inside of you that can make or break your relationships
- Break free from your old patterns that, up to today, have kept you stuck in the relationship merry-go-round
- Acknowledge your boundaries
- Really listen
- Ask for what you want
- And much more

[To enroll in the teleclass click here](#) or go to [www.LifeCamp.com](http://www.LifeCamp.com)

BONUS: If you enroll now you will receive a free copy of Greg Mooers new book, Heart Virtues.